Francesca Penner Lord, Ph.D.

ACADEMIC APPOINTMENTS

8/2023-present Assistant Professor, Department of Psychology & Neuroscience
Baylor University, Waco, TX

02/2024-present Adjunct Assistant Professor, Child Study Center
Yale University, New Haven, CT

EDUCATION AND TRAINING

7/2021-07/2023 **Postdoctoral Fellowship**
Yale Child Study Center, New Haven, CT
Research Mentor: Helena Rutherford, Ph.D.
07/2022-07/2023: NIDA F32 National Research Service Award
07/2021-07/2022: NIMH T32 Research Training in Childhood Neuropsychiatric Disorders

07/2020-06/2021 **APA-Accredited Clinical Psychology Internship**
University of Mississippi Medical Center, Jackson, MS
Internship Director: Crystal Lim, Ph.D.
Research Preceptor: Dustin Sarver, Ph.D.

05/2021 **Ph.D. in Clinical Psychology**
University of Houston, Houston, TX, APA-Accredited
Concentration: Clinical Child Psychology; Minor: Quantitative Methods
Advisor: Carla Sharp, Ph.D.

05/2019 **M.A. in Psychology**
University of Houston, Houston, TX, APA-Accredited
Advisor: Carla Sharp, Ph.D.

05/2016 **M.Ed. in Child Studies**
Vanderbilt University, Nashville, TN
Research Mentor: Bruce Compas, Ph.D.

06/2009 **B.A. in English Language & Literature**
The University of Chicago, Chicago, IL

LICENSING INFORMATION

08/2024-present Licensed Psychologist in Texas (#40346)

HONORS AND AWARDS

2023-2027	NIDA Clinical Research Loan Repayment Award
2021	David Barlow Award for Excellence in Research, Clinical Psychology Internship Program, University of Mississippi Medical Center
2019	Honorable Mention, APA Division 53 Routh Research and Dissertation Award
2018	Student Travel Award, American Psychological Association
2016-2018	McCary Scholarship, University of Houston Department of Psychology
2017	Student Travel Award, Society for Interpersonal Theory and Research
2015-2016	LaVerne Noyes Scholarship, Vanderbilt University Peabody College
2014-2016	Peabody Honors Scholarship, Vanderbilt University Peabody College
2009	Graduated with College Honors, The University of Chicago
2005-2009	Dean's List, The University of Chicago

CLINICAL EXPERIENCE

2022-2023 **Families on the Line, Postdoctoral Clinician**
Supervisors: Marie-Paule de Valdivia, LCSW & Allison Kalpakci, Ph.D.
Roles: Outpatient individual therapy with adolescents and adults, skills training, phone coaching, and participation in consultation team as part of a comprehensive DBT practice located in Westport, Connecticut.

2020-2021 **University of Mississippi Medical Center, Child Psychology Resident**
Supervisors: David Elkin, Ph.D., Hannah Ford, Ph.D., Cynthia Karlson, Ph.D., Crystal Lim, Ph.D., Edward Manning, Ph.D., Dustin Sarver, Ph.D., Tanja Seifen, Ph.D., & Monica Sutton, Ph.D.
Rotations: Child Psychiatric Inpatient Unit, Outpatient Neuropsychology, General Psychology Clinic, Center for the Advancement of Youth, Pediatric Psychology, Center for Gender and Sexual Minority Health TEAM Clinic

2019-2020 **Dialectical Behavior Therapy Center of Houston, Practicum Student**
Supervisors: Lindsey Overstreet, Psy.D. & Karyn Hall, Ph.D.
Roles: Co-led DBT skills groups, conducted individual therapy with adolescents and young adults, and attended DBT consultation team meetings as part of a comprehensive DBT treatment center.

2018-2019 **Adolescent Diagnosis Assessment Prevention Treatment (ADAPT) Center, Graduate Student Therapist**
University of Houston, Department of Psychology
Supervisors: Amanda Palo, Ph.D. & Carla Sharp, Ph.D.
Roles: Conducted brief CBT to address anxiety and depressive symptoms with youth ages 12-18 enrolled in Breakthrough Houston, an enrichment program for high-performing, historically excluded students.

2018-2019 **Trauma and Grief Center, Practicum Student**
Psychology Service, Texas Children's Hospital
Supervisors*:* Ryan Hill, Ph.D. & Julie Kaplow, Ph.D.
Roles: Conducted trauma and grief assessment with youth ages 7-17; conducted individual therapy with youth ages 9-17 using Trauma and Grief Component Therapy and Multidimensional Grief Therapy.

2017-2018 **Psychology Research and Services Center, Intervention Practicum Student**
University of Houston, Department of Psychology
Supervisors: Amanda Palo, Ph.D., & Candice Alfano, Ph.D.
Roles: Conducted intake evaluations and individual and group CBT with adolescents; conducted CBT for Insomnia with one adult patient through the Sleep and Anxiety Center of Houston.

2017-2018 **Psychology Research and Services Center, Advanced Child Assessment Practicum Student**
University of Houston, Department of Psychology
Supervisors: Lesley Hart, Ph.D., & Jack Fletcher, Ph.D.
Roles: Conducted neuropsychological assessments for evaluation of ADHD and learning and developmental disorders in children and adolescents; scored and interpreted measures; wrote integrated reports.

2017-2018 **Adolescent Diagnosis Assessment Prevention Treatment (ADAPT) Center, Graduate Student Assessor**
University of Houston, Department of Psychology
Supervisors: Amanda Palo, Ph.D. & Carla Sharp, Ph.D.
Roles: Conducted comprehensive diagnostic assessments for adolescents, including cognitive and personality assessment; scoring, interpretation, and integrated report writing.

RESEARCH GRANTS

Maternal Opioid Use Disorder and Early Caregiving [$12,934]
Dates: July 2023-July 2025; Role: Co-Principal Investigator
Funding Source: J.G. Weil Foundation

Preventing Abusive Head Trauma in Infancy: Predictive Utility of Prenatal Emotion Regulation [$4,976]
Dates: March 2023-February 2024; Role: Principal Investigator
Funding Source: American Psychological Foundation/Division 54 Lizette Peterson-Homer Injury Prevention Grant

F32DA055389, Effects of Maternal Opioid Use Disorder on Neural and Behavioral Indicators of Caregiving [$134,756]
Dates: July 2022-July 2023; Role: Principal Investigator
Funding Source: NIDA F32 Ruth L. Kirschstein Postdoctoral National Research Service Award

Preventing Abusive Head Trauma in Infancy: Predictive Utility of Prenatal Emotion Regulation [$12,705]
Dates: April 2022-April 2024; Role: Co-Principal Investigator
Funding Source: The Colleen Dobbins Foundation
A Qualitative Exploration of Emotion Regulation during Pregnancy [$1,500]
Dates: March 2022-March 2023; Role: Principal Investigator
Funding Source: Women's Faculty Forum, Yale University

Parenting During COVID-19: Identifying Family Risk and Resilience Factors for Child Mental Health in a Pandemic [$5000]
Dates: December 2020-November 2021; Role: Co-Principal Investigator
Funding Source: Department of Pediatrics Intradepartmental Discovery Opportunity Grant, University of Mississippi Medical Center

PEER-REVIEWED PUBLICATIONS

Google Scholar Profile | *Trainee

1. Givrad, S., Wall, K. M., Goldman, L. W., Shin, J. Y., Novak, E. H., Lowell, A., **Penner, F**., Day, M. J., Papa, L., Wright, D., & Rutherford, H. J. V. (2025). A systematic review on the assessment of pregnancy-specific psychological trauma during pregnancy: A call to action. *AJOG Global Reports*, *5*(1), 100451.
2. Wall, K., **Penner, F**., Wallace Goldman, L., Shin, J. Y., Novak, E., Lowell, A., Day, M., Papa, L., Wright, D., Givrad, S., & Rutherford, H. J. V. (2025). Global variation in the assessment of psychological trauma in pregnancy. *Cambridge Prisms: Global Mental Health*, *12*, e10.
3. *Shin, J. Y., McMahon, T. J., **Penner, F**., & Lowell, A. (2024). Maternal childhood trauma, caregiving behavior, and child cognitive development in the context of drug addiction. *American Journal of Orthopsychiatry*.
4. Martin, R. C. B., Sandoval, I. K., **Penner, F**., Mayes, L. C., Potenza, M. N., Krishnan-Sarin, S., & Rutherford, H. J. V. (2024). Parental tobacco-smoking and caregiving in the perinatal and early infancy periods. *Journal of Child and Family Studies.*
5. *Wall, K. M., **Penner, F**., Dell, J., Lowell, A., Potenza, M. N., Mayes, L. C., & Rutherford, H. J. V. (2024). Maternal psychological risk and the neural correlates of infant face processing: A latent profile analysis. *Developmental Psychobiology*, *66*(1), e22445.
6. Perry, K. J., Mutignani, L. M., Gette, J. A., Kinney, K. L., Gissandaner, T. D., **Penner, F.,** Wen, A., Regan, T., & Lim, C. S. (2024). The paper chase: A team science training exercise. *Training and Education in Professional Psychology*, *18*(1), 13–20.
7. Balzen, K. M., Blacutt, M., Lind, M., **Penner, F.,** & Sharp, C. (2023). Awareness of Narrative Identity Questionnaire (ANIQ) in early adolescents: Psychometric evaluation and association with features of personality disorder. *Journal of Personality Assessment*, 1–10.
8. Perry, K. J., **Penner, F**., Contreras, H. T., Santos, R. P., & Sarver, D. E. (2023). A U.S. national study of family resilience during the COVID-19 Pandemic. *Journal of Child and Family Studies*, *32*(6), 1627–1642.
9. **Penner, F.,** Contreras, H. T., Elzaki, Y., Santos, R. P., & Sarver, D. E. (2023). COVID-19 vaccine hesitancy, vaccination, and mental health: A national study among U.S. parents. *Current Psychology*, 1–11.

10. Perry, K. J., Mutignani, L. M., Gissandaner, T. D., **Penner, F**., Santos, R., & Sarver, D. E. (2023). Testing an integrated dimensional model of adverse childhood experiences: Associations with COVID-19 outcomes. *Child Abuse & Neglect*, *143*, 106239.
11. **Penner, F.,** Khoury, J. E., Bosquet Enlow, M., & Lyons-Ruth, K. (2023). Threat versus deprivation in mother's childhood: Differential relations to hair cortisol and psychopathology in pregnancy. *Child Abuse & Neglect, 139*, 106107.
12. **Penner, F.,** Wall, K. M., Guan, K. W., Huang, H. J., Richardson, L., Dunbar, A. S., Groh, A. M., & Rutherford, H. J. V. (2023). Racial disparities in EEG research and their implications for our understanding of the maternal brain. *Cognitive, Affective & Behavioral Neuroscience*, *23*(1), 1–16.
13. **Penner, F.,** Steinberg, L., & Sharp, C. (2023). The development and validation of the Difficulties in Emotion Regulation Scale-8: Providing respondents with a uniform context that elicits thinking about situations requiring emotion regulation. *Journal of Personality Assessment*, *105*(5), 657–666.
14. **Penner, F.,** Bowersox, L., Leavitt, J., & Sharp, C. (2023). A preliminary investigation of intellectual humility as a protective factor for maladaptive personality traits. *Nordic Psychology*, *75*(3), 227–242.
15. Allman, M., **Penner, F**., Hernandez Ortiz, J., Marais, L., Rani, K., Lenka, M., Cloete, J., & Sharp, C. (2023). Hope and mental health problems among orphans and vulnerable children in South Africa. *AIDS Care*, *35*(2), 198–204.
16. **Penner, F**., Cano, K., McGill, C., Vanwoerden, S., & Sharp, C. (2022). Psychometric Properties of the Parent and Youth Versions of the Inadequate Boundaries Questionnaire in Community and Clinical Samples of Adolescents. *Child Psychiatry and Human Development*.
17. **Penner, F.,** Bunderson, M., Bartz, C., Brooker, R. J., & Rutherford, H. J. (2022). Emotion regulation strategies and perceived stress during pregnancy in expectant mothers and fathers. *Journal of Reproductive and Infant Psychology*, 1–14.
18. Kerr, S., **Penner, F.,** Ilagan, G., Choi-Kain, L., & Sharp, C. (2022). Maternal interpersonal problems and attachment security in adolescent offspring. *Borderline Personality Disorder and Emotion Dysregulation, 9*(1), 18.
19. **Penner, F**., Elzaki, Y., Contreras, H. T., Santos, R. P., & Sarver, D. E. (2022). Behavioral, affective, and cognitive parenting mechanisms of child internalizing and externalizing problems during the COVID-19 pandemic. *Research on Child and Adolescent Psychopathology*, *50*(9), 1121–1138.
20. **Penner, F**., Rajesh, A., Kinney, K. L., Mabus, K. L., Barajas, K. G., McKenna, K. R., & Lim, C. S. (2022). Racial and demographic disparities in emergency department utilization for mental health concerns before and during the COVID-19 pandemic. *Psychiatry Research*, *310*, 114442.
21. **Penner, F**., & Rutherford, H. J. V. (2022). Emotion regulation during pregnancy: A call to action for increased research, screening, and intervention. *Archives of Women's Mental Health*, *25*(2), 527–531.
22. Wall, K., Vanwoerden, S., **Penner, F**., Patriquin, M., Alfano, C. A., & Sharp, C. (2022). Adolescent sleep disturbance, emotion regulation and borderline features in an inpatient setting. *Journal of Clinical Child and Adolescent Psychology*, *51*(6), 892–906.

23. Watson, K. H., Anderson, A. S., Savin, K., **Penner, F**., Williams, E., Reising, M. M., Dunbar, J. P., Bettis, A. H., Gruhn, M., & Compas, B. (2022). Observed maternal coping socialization and child internalizing symptoms: The roles of maternal depressive symptoms and peer stress. *Research on Child and Adolescent Psychopathology*, *50*(1), 37–49.
24. Cortés-García, L., Hernández Ortiz, J., Asim, N., Sales, M., Villareal, R., **Penner, F**., & Sharp, C. (2022). COVID-19 conversations: A qualitative study of majority Hispanic/Latinx youth experiences during early stages of the pandemic. *Child & Youth Care Forum*, *51*(4), 769–793.
25. Froidevaux, N. M., Metcalf, S., Pettit, C., **Penner, F**., Sharp, C., & Borelli, J. L. (2022). The link between adversity and dating violence among adolescents hospitalized for psychiatric treatment: Parental emotion validation as a candidate protective factor. *Journal of Interpersonal Violence*, *37*(5–6), NP3492–NP3527.
26. *Graves, M., **Penner, F.,** & Sharp, C. (2021). Interpersonal trust in adolescents with psychiatric disorders and borderline pathology. *Scandinavian Journal of Child and Adolescent Psychiatry and Psychology*, *9*, 176–186.
27. **Penner, F.,** Hernandez Ortiz, J., & Sharp, C. (2021). Change in youth mental health during the COVID-19 pandemic in a majority Hispanic/Latinx US sample. *Journal of the American Academy of Child and Adolescent Psychiatry*, *60*(4), 513–523.
28. Kerr, S., **Penner, F**., & Sharp, C. (2021). Interpersonal problems in parents and adolescent borderline personality disorder features. *Journal of Personality Disorders*, *35*(Supplement B), 74–93.
29. Vanwoerden, S., **Penner, F.,** Pearson, C., Bick, J., Yoshida, H., & Sharp, C. (2021). Testing the link between mothers' general reflective function capacity and adolescent borderline personality features: Perceived parenting behaviors as a potential mechanism. *Journal of Personality Disorders*, *35*(Supplement B), 56–73.
30. Sekowski, M., Gambin, M., Cudo, A., Wozniak-Prus, M., **Penner, F**., Fonagy, P., & Sharp, C. (2020). The relations between childhood maltreatment, shame, guilt, depression and suicidal ideation in inpatient adolescents. *Journal of Affective Disorders*, *276*, 667–677.
31. **Penner, F.,** Sharp, C., Marais, L., Shohet, C., Givon, D., & Boivin, M. (2020). Community-based caregiver and family interventions to support the mental health of orphans and vulnerable children: Review and future directions. *New Directions for Child and Adolescent Development*, *2020*(171), 77–105.
32. Sharp, C., Shohet, C., Givon, D., **Penner, F.,** Marais, L., & Fonagy, P. (2020). Learning to mentalize: A mediational approach for caregivers and therapists. *Clinical Psychology: Science and Practice*, *27*(3), e12334.
33. **Penner, F.,** Vanwoerden, S., Borelli, J. L., & Sharp, C. (2020). Discrepancies in mother-adolescent reports of parenting practices in a psychiatric sample: Associations with age, psychopathology, and attachment. *Journal of Abnormal Child Psychology*, *48*(3), 343–360.
34. *Jones, J., **Penner, F**., Schramm, A. T., & Sharp, C. (2020). Experiential avoidance in adolescents with borderline personality disorder: Comparison with a non-BPD psychiatric group and healthy controls. *Cognitive Behaviour Therapy*, *49*(3), 197–209.
35. Lind, M., Vanwoerden, S., **Penner, F.,** & Sharp, C. (2020). Narrative coherence in adolescence: Relations with attachment, mentalization, and psychopathology. *Journal of Personality Assessment*, *102*(3), 380–389.

36. **Penner, F**., McLaren, V., Leavitt, J., Akca, O. F., & Sharp, C. (2020). Implicit and explicit mentalizing deficits in adolescent inpatients: Specificity and incremental value of borderline pathology. *Journal of Personality Disorders*, *34*(Supplement B), 64–83.
37. Sharp**,** C., **Penner, F**., & Ensink, K. (2020). Reflective function and borderline traits in adolescents. *Journal of Personality Disorders*, *34*(Supplement B), 1–16.
38. **Penner, F.,** Gambin, M., & Sharp, C. (2019). Childhood maltreatment and identity diffusion among inpatient adolescents: The role of reflective function. *Journal of Adolescence*, *76*, 65–74.
39. **Penner, F.,** Wall, K., Jardin, C., Brown, J. L., Sales, J. M., & Sharp, C. (2019). A study of risky sexual behavior, beliefs about sexual behavior, and sexual self-efficacy in adolescent inpatients with and without borderline personality disorder. *Personality Disorders: Theory, Research, and Treatment, 10*(6), 524–535.
40. Lind, M., Vanwoerden, S., **Penner, F.,** & Sharp, C. (2019). Inpatient adolescents with BPD features: Identity diffusion and narrative incoherence. *Personality Disorders: Theory, Research, and Treatment, 10*(4), 389-393.
41. Hatkevich, C., **Penner, F.,** & Sharp, C. (2019). Difficulties in emotion regulation and suicide ideation and attempt in adolescent inpatients. *Psychiatry Research, 271,* 230-238.
42. Hill, R., **Penner, F.,** Vanwoerden, S., Mellick, W., Kazimi, I., & Sharp, C. (2019). Interpersonal trust and suicide ideation among adolescent psychiatric inpatients: An indirect effect via perceived burdensomeness. *Suicide and Life-Threatening Behavior, 49*(1), 240–252.
43. **Penner, F.,** & Sharp, C. (2018). Perceived pubertal timing and borderline personality pathology in female adolescent inpatients. *Bulletin of the Menninger Clinic*, *82*(2), 157–170.
44. Sharp, C., **Penner, F.,** Marais, L., & Skinner, D. (2018). School connectedness as psychological resilience factor in children affected by HIV/AIDS. *AIDS Care*, *30*(SUP 4), 34-41.

BOOK CHAPTERS

1. **Penner, F.** & Sharp, C. (2021). Depression. In A. Venta, C. Sharp, J. Fletcher, & P. Fonagy (Eds.), *Developmental Psychopathology.* Wiley-Blackwell.

CHAIRED SYMPOSIA

1. **Penner, F**. (2022, July). *New advances in use of the Child Attachment Interview.* International Attachment Conference 2022, Lisbon, Portugal (hybrid conference).

PAPER PRESENTATIONS

1. *Wall, K. M., **Penner, F.,** Dell, J., Armstrong, K., Lowell, A., Potenza, M. N., Mayes, L. C., Rutherford, J. V. (2024, October). *Investigating associations between maternal neural responsivity and infant developmental outcomes.* Talk to be presented at the International Society of Developmental Psychobiology Conference, Chicago.

2. **Penner, F**., Allman, M., Consoli, H., Venta, A., & Sharp, C. (2024, July). *Linguistic analysis of paternal attachment narratives in adolescents with and without psychopathology.* Flash talk presented at the 2024 International Attachment Conference (IAC), Rouen, France.
3. **Penner, F**., McLaren, V., Venta, A., Sharp, C. (2022, July). *Measurement invariance of the Child Attachment Interview across healthy and clinical samples of adolescents*. Talk presented as part of symposium New Advances in Use of the Child Attachment Interview. International Attachment Conference 2022, Lisbon, Portugal (hybrid conference).
4. Cervantes, B. R., **Penner, F**., *Aggarwal, S., *Saubon, F., & Sharp, C. (2022, July). *Relationship between internal working models of attachment, self-report measures of attachment, and maladaptive personality traits in a clinical sample of adolescents.* Paper presented at the 2022 International Attachment Conference, Lisbon, Portugal.
5. Allman, M., **Penner, F**., Cervantes, B. R., & Sharp, C. (2022, July). *Profiles of emotion socialization and associated outcomes in a clinical adolescent sample.* Paper presented at the 2022 International Attachment Conference, Lisbon, Portugal.
6. **Penner, F.,** Bunderson, M., Bartz, C., Brooker, R. J., & Rutherford, H. J. V. (2022, July). *Understanding links between perceived stress and emotion regulation strategies during the perinatal period across two samples.* Talk accepted for presentation at the 2022 meeting of the International Congress on Infant Studies (ICIS), Ottawa, Canada.
7. **Penner, F.,** & Sharp, C. (2020, April). *Direct and indirect effects of change in mentalizing and emotion regulation on borderline symptom change during inpatient treatment.* Speed talk accepted for the 2020 meeting of the North American Society for the Study of Personality Disorders (NASSPD), Pittsburgh, PA. (Conference canceled)
8. Hatkevich, C., **Penner, F**., Hill, R. M, & Sharp, C. (2019, April). *A latent profile analysis of chronic life stress in ethnoracially diverse inpatient adolescents.* Paper presented at American Association of Suicidology 52nd Annual Conference, Denver, CO.
9. **Penner, F.,** McLaren, V., Leavitt, J., Akca, O. F., & Sharp, C. (2019, April). *Implicit and explicit mentalizing deficits in adolescent inpatients: Specificity and incremental value of borderline pathology.* Speed talk presented at the 2019 meeting of the North American Society for the Study of Personality Disorders (NASSPD), Pittsburgh, PA.
10. Sharp, C., Vanwoerden, S., & **Penner, F.** (2018, September). *Parental mentalisation as transdiagnostic treatment target.* Talk presented at European Society for the Study of Personality Disorders 5th International Congress, Sitges, Spain.
11. Vanwoerden, S., **Penner, F.,** & Sharp, C. (2017, September). *The role of parents' reflective function capacity for the association between adolescent borderline personality disorder and hypermentalizing.* Paper presented at the 2017 Congress for the International Society for the Study of Personality Disorders (ISSPD), Heidelberg, Germany.

POSTER PRESENTATIONS

1. *Shin, J. Y., *Rocha, J., Sharp, C., & **Penner, F**. (2025, May). *Childhood adversity and internalizing and externalizing problems: The roles of emotion regulation and identity diffusion.* Poster presented at the Association for Psychological Science annual meeting, Washington, DC.

2. *Rocha, J., *Petitt, K., Sharp, C., & **Penner, F**. (2025, April). *Relationships between attachment quality and sexual self-efficacy, attitudes, and communication in adolescent girls with psychopathology*. Poster presented at the Society of Pediatric Psychology Annual Conference, Phoenix, AZ.
3. *Harris, K., *Petitt, K., *Rocha, J., Sharp, C., & **Penner, F.** (2025, February). *Presence of meaning in life mediates the relationship between mindfulness and resilience in young adults*. Poster presented at the Society for Personality and Social Psychology Annual Convention, Denver, CO.
4. **Penner, F.,** Ahtam, B., Ou, Y., Grant, P. E., & Lyons-Ruth, K. (2024, October). *Relations between child protective service involvement and infant brain volumes*. Poster presented at the International Society of Developmental Psychobiology Annual Meeting, Chicago, IL.
5. Wall, K. M, Orchard, E. R, Kelly, C. L., Levy, J. C. P., Shin, J. Y., Gaebler, C. G., Hart-Derrick, V., Adodo, A., Ayala, K., Day, M., Funaro, M., Guan, K., Parker, T. C., Ricard, J. A., **Penner, F.,** Yatziv, T., Rutherford, J. V. (2024, October). *Investigating racial and ethnic diversity in MRI studies of the maternal Brain: A scoping review.* Poster presented at International Society for Developmental Psychobiology Annual Meeting, Chicago, IL.
6. *Wall, K. M., **Penner, F.,** Dell, J., Armstrong, K., Lowell, A., Potenza, M. N., Mayes, L. C., & Rutherford, H. J. V. (2024, October). *Examining associations between maternal psychological risk and infant developmental outcomes*. Poster to be presented at the Society for Research in Psychopathology Annual Meeting, Montreal, Canada.
7. *Wall, K. M., **Penner, F.,** Dell, J., Lowell, A., Potenza, M. N., Mayes, L. C., & Rutherford, H. J. V. (2024, May). *Investigating neural markers of maternal psychological risk.* Poster presented at the Society of Biological Psychiatry Annual Meeting, Austin, TX.
8. **Penner, F.,** Khoury, J. E., Bosquet Enlow, M., & Lyons-Ruth, K. (2023, March). *Threat versus deprivation in mother's childhood: Differential relations to hair cortisol and psychopathology in pregnancy.* Poster presented at the 2023 Society for Research in Child Development (SRCD) Biennial program. Salt Lake City, UT.
9. Wall, K.M., **Penner, F**., Guan, K.G., Huang, H.J., Richardson, L., Dunbar, A.S., Groh, A.M., Rutherford, H.J.V. (2022, November). *Understanding racial disparities in maternal brain development: An EEG/ERP approach.* Poster accepted for presentation at the International Society for Developmental & Psychobiology 2022 Annual Conference, San Diego, CA.
10. Khoury, J. E., **Penner, F**., Bosquet Enlow, M., & Lyons-Ruth, K. (2022, September). *Maternal cortisol hypoactivity as a mechanism in the intergenerational transmission of childhood maltreatment*. Poster to be presented at the 52nd annual meeting of the International Society of Psychoneuroendocrinology, Chicago, IL.
11. Wall, K.M., **Penner, F**., Guan, K.G., Rutherford, H.J.V. (2022, April). *Racial disparities in EEG methodology and their implications for our understanding of the maternal brain.* Poster presented at Yale Bouchet Conference on Diversity and Graduate Education Annual Conference (Virtual).
12. *Wall, K.M., **Penner, F.,** Mayes, L.C., Rutherford, H.J.V. (2022, March). LPP and parenting in at-risk postpartum mothers: A latent profile analysis. Poster presented at the LabRoots Neuroscience Conference Annual Conference (Virtual).
13. Kerr, S., **Penner, F.,** & Sharp, C. (2020, October). *Parental criterion A function and adolescent psychopathology.* Poster accepted for presentation at the 2020 European Society for the Study of Personality Disorders (ESSPD) Congress, Antwerp, Belgium.

14. Kerr, S., **Penner, F.,** Ilagan, G., Choi-Kain, L., & Sharp, C. (2020, June). *Relations between maternal interpersonal dysfunction and attachment security in adolescent offspring.* Poster presented at the 2020 Future Directions Forum, Washington, DC.
15. Lind, M., Vanwoerden, S., **Penner, F.,** & Sharp, C. (2019, October). *Narrative identity in adolescence: Relations with attachment, mentalization, and psychopathology.* Poster to be presented at the 2019 meeting of the International Society for the Study of Personality Disorders (ISSPD), Vancouver, BC.
16. Yunusova, A., Pettit, C., **Penner, F.,** Pourmand, V., Froidevaux, N. M., Metcalf, S., Borelli, J. L., Sharp, C. (2019, May). *The Links Between Adversity and Dating Violence Among Adolescents Hospitalized for Psychiatric Treatment: Parental Validation as a Protective Factor.* Poster presented at the Western Psychological Association Annual Convention. Pasadena, CA.
17. Lind, M., Vanwoerden, S., **Penner, F.,** & Sharp, C. (2019, April). *Inpatient adolescents with BPD features: Identity diffusion and narrative incoherence.* Poster presented at the 2019 meeting of the North American Society for the Study of Personality Disorders, Pittsburgh, PA.
18. **Penner, F.,** & Sharp, C. (2018, November). *Specific and transdiagnostic associations between parent stress and adolescent psychiatric disorders.* Poster presented at the Association of Behavioral and Cognitive Therapy 52nd Convention, Washington, D.C.
19. **Penner, F.,** Vanwoerden, S., & Sharp, C. (2018, August). *Attachment style is associated with discrepancies in mother-adolescent reports of parenting.* Poster presented at the 2018 American Psychological Association Annual Convention, San Francisco, CA.
20. **Penner, F.,** & Sharp, C. (2018, June). *Discrepancies in parent-adolescent perceptions of parenting: Testing associations with internalizing, externalizing, and personality pathology in psychiatric inpatient adolescents.* Poster presented at the 2nd Journal of Clinical Child and Adolescent Psychology Future Directions Forum, Washington, D.C.
21. Wall, K., Vanwoerden, S., **Penner, F.,** Patriquin, M., Alfano, C., & Sharp C. (2018, June). *Adolescent sleep disturbance, emotion regulation and borderline features in an inpatient setting.* Poster presented at the 2nd Journal of Clinical Child and Adolescent Psychology Future Directions Forum, Washington, D.C.
22. **Penner, F.,** Wall, K., Jardin, C., & Sharp, C. (2018, April). *A preliminary study of risky sexual behavior, beliefs, and self-efficacy in adolescent inpatients with and without borderline personality disorder.* Poster presented at the 2018 meeting of the North American Society for the Study of Personality Disorders, New York, NY.
23. **Penner, F.,** Vanwoerden, S., & Sharp, C. (2017, July). *Direct and indirect associations between reflective function and adolescent internalizing and externalizing psychopathology.* Poster presented at the 20th Annual Meeting of the Society for Interpersonal Theory and Research (SITAR), Pittsburgh, PA.
24. **Penner, F.**, & Sharp, C. (2017, April). *The role of early pubertal timing in adolescent borderline personality disorder.* Poster presented at the 2017 Conference for the North American Society for the Study of Personality Disorders (NASSPD), New York, NY.
25. Vanwoerden, S., **Penner, F.,** & Sharp, C. (2017, April). *The role of parenting behaviors in the relation between reflective function capacity and adolescent borderline personality symptoms.* Poster presented at the 2017 Annual Conference for the North American Society for the Study of Personality Disorders (NASSPD), New York, NY.

INVITED TALKS

"Improving our understanding of emotion regulation during pregnancy," Yale Child Study Center Grand Rounds, June 2023.

"Perinatal emotion regulation, addiction, and the parental brain," University of Missouri Developmental Science seminar, April 2023.

"Racial disparities in EEG research and their implications for our understanding of the maternal brain," Child Study Center Research in Progress, Yale Child Study Center, September 2022.

"Affective vulnerability during the perinatal period: Perceived stress and emotion regulation strategies across two samples," Child Study Center Postdoc Seminar Series, Yale Child Study Center, March 2022.

"Emotion regulation and perceived stress in parents across the perinatal period," Child Study Center Research in Progress, Yale Child Study Center, October 2021.

"Psychological treatment with a transgender adolescent in a multidisciplinary healthcare context," Case Conference Presentation, Department of Psychiatry and Human Behavior Grand Rounds, University of Mississippi Medical Center, May 2021.

"Parent-child relationships and youth mental health," Research Rounds Presentation, Department of Psychiatry and Human Behavior, University of Mississippi Medical Center, October 2020.

RESEARCH EXPERIENCE

2023-present	**Director, Parenting and Intergenerational Resilience (PAIR) Lab** Department of Psychology & Neuroscience, Baylor University
2021-2023	**Postdoctoral Fellow, Before and After Baby Lab** Child Study Center, Yale University School of Medicine Supervisor: Helena Rutherford, Ph.D.
2020-2021	**Research Preceptee** Department of Psychiatry, University of Mississippi Medical Center Supervisor: Dustin Sarver, Ph.D.
2019-2020	**Assistant Lab Director, Developmental Psychopathology Lab** Department of Psychology, University of Houston Supervisor: Carla Sharp, Ph.D.
2016-2020	**Graduate Research Assistant, Developmental Psychopathology Lab** Department of Psychology, University of Houston Supervisor: Carla Sharp, Ph.D.
2014-2016	**Graduate Research Assistant, Stress and Coping Lab** Department of Psychology & Human Development, Vanderbilt University Supervisor: Bruce Compas, Ph.D.

TEACHING

Fall 2023-present **Psychopathology (PSY 3330)**
Department of Psychology & Neuroscience, Baylor University
In-person upper-level course for Psychology majors, 28-38 students

2019-2020 **Instructor of Record, Introduction to Psychological Statistics**
Department of Psychology, University of Houston
Hybrid in-person/online course, 77 students, two sections (Fall 2019)
In-person course, 78 students, two sections (Spring 2020)

2018-2020 **Instructor of Record, Psychology of Adolescence**
Department of Psychology, University of Houston
Online undergraduate course; Enrollment: 40-80 students

Summer 2015 **Teaching Assistant, Advanced Applied Child Studies**
Department of Psychology & Human Development, Vanderbilt University
In-person graduate course, 20 students

Summer 2015 **Teaching Assistant, Applied Child Studies**
Department of Psychology & Human Development, Vanderbilt University
In-person graduate course, 20 students

INSTITUTIONAL SERVICE

2024-present Internship committee, Clinical Psychology PsyD program
Baylor University

2021-2023 Mentor, Postgraduate Advising Program
Yale Child Study Center

2020-2021 Co-Chief Resident, Psychology Residency Program
University of Mississippi Medical Center

2018-2020 Student Member, Institutional Review Board (IRB) Committee 2
Division of Research, University of Houston

2017-2018 Student Representative to the Clinical Training Committee
Clinical Psychology Program, University of Houston

2015-2016 Vice President and Social Chair
Peabody Graduate Student Association, Vanderbilt Peabody College

2014-2015 Psychology Department First-Year Representative
Peabody Graduate Student Association, Vanderbilt Peabody College

PROFESSIONAL AFFILIATIONS

2024-present International Society for Developmental Psychobiology (ISDP)
2019-present Society for Research in Child Development (SRCD)
2018-present Association for Behavioral and Cognitive Therapies (ABCT)
2015-present American Psychological Association (APA)

- Division 53: Society for Clinical Child and Adolescent Psychology (2018-present)

AD-HOC PEER REVIEWING

Archives of Women's Mental Health, Behavior Therapy, BJPsych Open, Borderline Personality Disorder and Emotion Dysregulation, Brain Behavior and Immunity, Development and Psychopathology, Developmental Psychobiology, Human Development, Infancy, Journal of Adolescent Health, Journal of Affective Disorders Reports, Journal of Behavior Therapy and Experimental Psychiatry, Journal of Child and Family Studies, Journal of Family Psychology, Journal of Social and Personal Relationships, Nature Mental Health, Psychiatry Research, Psychological Medicine, Research on Child and Adolescent Psychopathology, *Scandinavian Journal of Child and Adolescent Psychiatry and Psychology, Yale Journal of Biology and Medicine*

MEDIA MENTIONS

"Kids say their mental health is fine. Experts disagree," Kat McKim, *Fortune*, https://fortune.com/2021/12/22/kids-teens-mental-health-pandemic-remote-school/

"What to tell your young teen about their shot at the COVID-19 vaccine," Michael Merschel, *American Heart Association News*, https://www.heart.org/en/news/2021/05/13/what-to-tell-your-young-teen-about-their-shot-at-the-covid-19-vaccine

"The importance of family time during COVID-19," Sarah Tubbs, *University of Houston News*, https://www.uh.edu/news-events/stories/2021/april-2021/04052021-study-on-middle-schoolers-during-early-stages-of-pandemic.php

SPECIALIZED TRAININGS/CERTIFICATIONS

Simulation-Based Power Analyses in Mplus
SMaRT Workshops; Trainer: Aidan Wright, PhD

Atypical Maternal Behavior Instrument for Assessment and Classification-Brief
Online training; Trainer: Sheri Madigan, PhD

Mothering from the Inside Out (MIO)
Institution: Yale Child Study Center; Trainer: Amanda Lowell, PhD

Maternal Sensitivity Coding (NICHD Observational Record of the Caregiving Environment)
Online training; Trainer: Kristin Bernard, PhD

APA Advanced Training Institute: Structural Equation Modeling in Longitudinal Research
Institution: Longitudinal Research Institute; Trainers: Nilam Ram, PhD & Kevin Grimm, PhD

Working with Anxious Youth: Clinical Strategies within Empirically Supported Treatment
Institution: Nachas Consulting (delivered online); Trainer: Phillip Kendall, Ph.D.

Dialectical Behavior Therapy (DBT) - Foundational
Institution: Behavioral Tech (delivered online through Psychwire), 16-week course

Trauma and Grief Component Therapy (TGCT)
Institution: Trauma and Grief Center, Texas Children's Hospital
Trainer: Julie Kaplow, Ph.D., Stephanie Yudovich, LCSW, & Marisa Novitz, LCSW

Mediational Intervention for Sensitizing Caregivers (MISC)
Institution: University of Houston, Houston, TX; Trainer: Carla Sharp, Ph.D.

Child Attachment Interview (CAI): Coding
Institution: The Menninger Clinic, Houston, TX; Trainer: Amanda Venta, Ph.D.
Certified CAI Coder as of January 2018