BRENDA KAMENETSKY, LMHC, LPC

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KEY SKILLS

- CBT, DBT Therapy
- Gestalt, Psychodynamic Therapy
- Crisis Intervention
- Suicide Screening
- Team Leadership
- Charting/Documentation
- Individual Supervision
- Group Supervision Facilitation

PROFESSIONAL EXPERIENCE

OHEL CHILDREN'S HOME AND FAMILY SERVICES, NY Chair of Risk & Suicide Prevention
(2021-Present) Supervisor (2018-2021) Psychotherapist (2015-2020) Intern (2014-2015)

Gained progressive responsibilities in providing counseling to clients and supervising interns and psychotherapists. Currently spearheads a groundbreaking suicide prevention initiative and leads a team of 6 seasoned clinicians.

Highlighted Achievements:

✔ Collaboratively crafted agency's official suicide protocol and trained 100+ employees in its implementation. ✔ Developed new documents to assess and promote safety for high-risk clients living with suicidality. ✔ Led student groups and provided comprehensive training in preventative therapy and proper documentation. ✔ Presented at a suicide prevention panel at a private showing of *My Sister Liv*, fielding and answering questions posed by employees and co-panelists.

- Reviews files of all high-risk clients and meets regularly with their therapists to support them in creating targeted treatment plans.
- Leads a weekly suicide prevention team meeting to review current cases and determine future courses of action.
- Maintains logs of reviewed cases, records the results of meetings, and completes all necessary documentation relating to counseling and suicide prevention for audits.
- Served weekly on crisis hotline (2021-2023)fielding calls from clients and community members in crisis. Screens callers, manages crises, and creates safety plans for callers as needed.
- Receives supervision from Dr. Charlie Swenson on high-risk behaviors and suicidality.

PESACH TIKVAH, NY | Supervisor (*2021 – Present)*

Leads interactive clinical supervision groups, in addition to providing one-on-one supervision to clinicians, focusing on teaching new skills, troubleshooting, and improving quality of care.

- Supervises and guides seasoned clinicians and supervisors in their work with clients.
- Teaches new clinical modalities, techniques for case presentations, and treatment planning. ● Creates a collaborative environment at group meetings, empowering clinicians to share ideas and identify solutions together.

PRIVATE PRACTICE | Psychotherapist (*2018 – 2019, 2021 – Present)*

Utilizes a variety of therapy modalities to treat adult and teen patients suffering from anxiety, depression, emotional dysregulation, relationships, and other issues. Provides both in-person and virtual treatment.

PRIVATE PRACTICE | DBT Co-Leader (*2017 – 2018)*

Co-led a group that taught participants DBT skills and helped them apply the skills to their lives. Instructed, assigned homework, and reviewed material at each session as needed.

EDUCATION

ASSIP (Attempted Suicide Short Intervention Program) l Dr Anja Gyson-Maillart, (Switzerland) 2025
SPACE (Supportive Parenting for Anxious Childhood Emotions) | Dr. Eli Lebowitz, Yale School of Medicine 2021 **CBT Training** | Center for Anxiety 2020 **DBT Level I&II Training |** Dr. Charlie Swenson 2019, 2022 **Trauma-Focused Cognitive Behavioral Therapy|** Carey Epstein 2018 **MA in Mental Health Counseling |** Brooklyn College 2015 **BA in Psychology, *Magna cum Laude* |** Brooklyn College 2013