Nathan Barclay

EDUCATION

Post-Doctoral Fellowship 2024-2025
- Houston Methodist Department of Psychiatry & Behavioral Health
- Texas Medical Center, Houston, TX
- Emotional Health and Well-Being Clinic Outpatient Track
    - Training Director: William Orme, PhD

Doctor of Philosophy 2017-2024
- Clinical Psychology – APA-Accredited
- Mississippi State University, Mississippi State, MS
- Dissertation: *Buffering the Strained Relation Between Masculinity and Social Support with Self-Compassion*
    - Chair: Michael Nadorff, PhD

Psychology Internship 2023-2024
- Menninger Department of Psychiatry & Behavioral Sciences, Houston, TX
- Baylor College of Medicine APA-Accredited Predoctoral Internship
    - Training Director: Phuong Nguyen, PhD
    - Track Director: Brittany O'Brien, PhD

Master of Science 2017-2019
- Clinical Psychology – APA-Accredited
- Mississippi State University, Mississippi State, MS
- Thesis: *Pain Tolerance as a Mediator of Aggressive Behavior*
    - Chair: Mitchell Berman, PhD

Bachelor of Science 2012-2016
- Major: Psychology
- Mississippi State University, Mississippi State, MS

LICENSE

State of Texas
- Licensed Psychologist #40600
- License issuance date – July 16, 2025

CLINICAL EXPERIENCE

Houston Methodist Hospital 2024-2025
Department of Psychiatry & Behavioral Health
Postdoctoral Fellow – Emotional Health and Well-Being Outpatient Clinic Track
Supervisors: Jessica Rohr, PhD; Chandra Bautista, PhD; George Bombel, PhD
- Provided outpatient therapy services for Houston Methodist employees and their dependents across a wide range of clinical presentations and acuity
- Supervised extern in the practice of evidence-based treatments and broader clinical skills
- Completed assessments with patients who present with complex clinical presentations on an as-needed basis to clarify treatment needs and inform overall care

- Worked on interprofessional teams to coordinate treatment and improve patient outcomes
- Collaborated with other teams to facilitate patient transfers across clinics when indicated
- Administered self-report measures to monitor patient outcomes
- Contributed to ongoing research projects by aiding in manuscript preparation

Baylor College of Medicine 2023-2024
Menninger Department of Psychiatry & Behavioral Sciences
Pre-Doctoral Intern – Mood and Trauma Related Disorders Track
Supervisors: Brittany O'Brien, PhD; Katharine Wojcik, PhD; Amanda Tamman, PhD; Suzi Phelps, PhD

- Provided outpatient therapy in an academic medical center for adult patients who experience issues associated with mild to severe mood disorders
- Practiced evidence-based treatment for adults presenting with a variety of psychological concerns (e.g., Major Depressive Disorder, Posttraumatic Stress Disorder, Bipolar I Disorder, Obsessive-Compulsive Disorder, Borderline Personality Disorder)
- Co-facilitated and led the clinic's weekly DBT skills group
- Consulted with psychiatry residents to coordinate treatment
- Collected ongoing self-report data from patients at regular intervals, tailored to their presenting problem as treatment develops
- Provided patients with feedback on their self-report data to inform clinical care

University of Mississippi Medical Center 2022-2023
Department of Pediatrics and the Center for Advancement of Youth
Supervised Affiliated Practicum Student
Supervisor: Monica Sutton, PhD

- Worked as a grant-funded affiliated student at a multidisciplinary clinic for children with neurodevelopmental disorders, behavioral difficulties, genetic disorders, and medically complex histories
- Administered psychoeducational assessments and diagnostic interviews
- Consulted with patients on waitlist, ensuring their fit for services and providing brief behavioral interventions where applicable
- Consulted with supervisor to modify flexible assessment battery in accordance with referral questions

Mississippi State University Student Counseling Services 2019-2022
Mississippi State University Department of Student Affairs
Supervised Graduate Assistant
Supervisors: Ty Stafford, PhD; Hilary DeShong, PhD; Ashley Coleman, MS; James Morrell, MS; Kevin Merideth, LPC

- Provided individual therapy for college students presenting with a variety of psychological concerns
- Served as first-line clinician every week for crisis intervention and walk-in services
- Worked with supervisors across theoretical orientations and disciplines to implement many different evidence-based practices
- Collaborated on APPIC grant to introduce ADHD assessment services for students
- Sourced assessment materials and piloted assessment protocol
- Developed training materials for interns and practicum students
- Coordinated with university partners regularly and engaged in outreach activities
- Facilitated and led group workshops for students
- Conducted service consultations and screened incoming clients for presenting problems, providing referrals when necessary
- Completed psychodiagnostic assessments for patients of other therapy providers to clarify clinical presentation and inform treatment plan

Mississippi State University Psychology Clinic 2018-2023
Mississippi State University Department of Psychology
Supervised Clinician
Supervisors: Hilary DeShong, PhD; Michael Nadorff, PhD; Kevin Armstrong, PhD; Emily Stafford, PhD

- Provided supervised assessment and therapy services for rural community population
- Provided individual, couples, and group therapy for a wide range of clients and presenting problems
- Co-led therapy groups for both mindfulness meditation and chronic pain treatment
- Supervised junior students in clinic policy and general clinical conduct
- Conducted comprehensive psychological assessments to determine eligibility for academic accommodations and/or eligibility for disability services
- Piloted telehealth assessment protocol in accordance with APA recommendations

TEACHING EXPERIENCE

General Psychology 2022-2023
Mississippi State University
Head Teaching Assistant
Instructor: Tom Carskadon, PhD

- Managed attendance and graded assignments for two sections of 300 students each
- Coordinated with other teaching assistant to manage classroom behavior
- Hosted individual meetings with students to ensure course success

First Year Experience Resilience Course 2021
Mississippi State University
Co-Instructor

- Led lectures on coping skills and interpersonal effectiveness
- Engaged students in discussions about values and motivation
- Consulted with instructor of record regularly to manage course effectively

Educational Psychology Statistics 2020
Mississippi State University
Private Tutor

- Educated students in introductory graduate-level statistical methods
- Encouraged confidence and learning skills
- Improved test performance and overall grades

Psychology of Abnormal Behavior 2019
Mississippi State University
Instructor of Record

- Developed a syllabus with planned lectures and in-class activities
- Facilitated class discussion and motivated students to participate and learn
- Generated test materials and assessed students' learning regularly

Personality Psychology 2018
Mississippi State University
Guest Lecturer
Instructor: Anisha Thomas, MS

- Educated students on psychological foundations of personality

- Engaged students in discussion on the lecture topics
- Coordinated with the primary instructor

Introductory Psychology Statistics 2017-2019
Mississippi State University
Graduate Lab Instructor
Instructor: Kristen Campbell, PhD
- Coordinated with undergraduate teaching assistants and delegated lecturing responsibilities
- Provided undergraduate teaching assistants with critical feedback regarding their teaching abilities
- Managed student behavior in the classroom

Careers in Psychology 2017
Mississippi State University
Guest Lecturer
Instructor: Rebecca Armstrong
- Informed students about the experience of being an undergraduate researcher
- Generated a list of questions for students to use to stay engaged in the lecture
- Coordinated with the primary instructor to construct an effective presentation

Introductory Psychology Statistics 2016
Mississippi State University
Teaching Assistant
Instructor: Kristen Campbell, PhD
- Prepared lesson plans and coordinated objectives with fellow teaching assistants
- Promoted and led discussion in a classroom setting
- Tutored undergraduates in basic statistical analysis

Introductory Physics 2012-2014
Mississippi State University
Private Tutor
- Educated students in introductory college physics
- Identified areas of weakness and focused on bolstering students' problem-solving abilities
- Encouraged topic comprehension on a fundamental level

SERVICE

Baylor Psychiatry Outcomes Review Conference 2023-2024
Psychology Representative
- Co-facilitated quarterly meetings between psychiatry residents and psychology interns to discuss and process ethically challenging patient cases
- Conducted presentations on difficult cases to foster discussion and encourage collaboration
- Coordinated the presentation of cases from fellow psychology interns

Health Promotion & Wellness Suicide Prevention Event 2022
Graduate Volunteer
- Helped raise awareness about suicide prevention resources on campus
- Encouraged help-seeking by connecting students with campus resources
- Mentored junior graduate students in communicating with undergraduate students

Freshman Reach Student Association 2021
Guest Speaker
- Presented to freshmen students on managing stress and anxiety in a college environment
- Coordinated with association president to disseminate presentation materials
- Fostered discussion and answered questions from students on mental health topics

Graduate Student Association 2018-2019
Psychology Department Representative
- Attended regular meetings to stay current on graduate school updates
- Acted as liaison to psychology department to disseminate news
- Served in search committee for the Associate Dean of the Graduate School

SPECIAL TRAINING

Safe Zone Ally Trained
Green Zone Initiative Trained

RESEARCH EXPERIENCE

Sleep, Suicide, and Aging Laboratory 2021-2024
Mississippi State University
Graduate Research Assistant
Research advisor: Michael Nadorff, PhD
- Generated dissertation ideas and worked on other milestone projects
- Collaborated with professionals from other universities to generate manuscripts
- Consulted with colleagues to develop research protocols

The Clinical Studies Laboratory 2017-2021
Mississippi State University
Graduate Research Assistant
Research advisor: Mitchell Berman, PhD
- Formulated research ideas for future projects
- Reviewed fellow researchers' writing and provided feedback
- Conducted literature reviews

Sleep, Suicide, and Aging Laboratory 2015-2016
Mississippi State University
Undergraduate Research Assistant
Research advisor: Michael Nadorff, PhD
- Authored and co-authored research submissions for conference presentations
- Managed team of co-authors and delegated authorship tasks appropriately
- Compiled academic literature across a wide variety of topics relating to suicide

GRANTS

Health Resources and Services Administration (HRSA) Behavioral Health Workforce Education and Training (BHWET) Program for Professionals Grant
- Project Title: *MAGNOLIA: Expanding Child and Family Integrated Behavioral Healthcare in Mississippi*
- Total Grant: $1,822,344

- Role: Magnolia Clinical Scholar in Integrated Behavioral Health
    - PI: Sarver, D.
- Result: **Funded**

Substance Abuse and Mental Health Services Administration (SAMHSA) 2021 – 2026 Mental Health Awareness Training Grant

- Project Title: *Extending the Mental Health Network of Mississippi Through Mental Health Awareness Training*
- Total Grant: $624,995
- Role: Graduate Research Assistant
    - PI: Nadorff, M.
- Result: **Funded**

Association of Psychology Postdoctoral and Internship Centers (APPIC) Tele-Supervision and Tele-Training Grant

- Project Title: *ADHD Assessment via Telehealth*
- Total Grant: $5,000
- Role: Co-Principal Investigator
    - PI: Stafford, T.
    - Other Co-PIs: Kelley, K., & Nadorff, M.
- Result: **Funded**

PUBLICATIONS

Bourassa, K.A., Yu, H., Bartek, N., Madan, A., Gibbons, K., Vasquez, N., Rohr, J., Bautista, C., Sabharwal, A., **Barclay, N.**, & Sano, A. (2025). *Nursing burnout and wearables.* Manuscript submitted for publication.

Barclay, N., Kelley, K., Brausch, A., Muehlenkamp, J., & Nadorff, M.R. (2023). Changes in the suicide risk behaviors of American college students over time: an analysis of three universities. *Suicide and Life-Threatening Behavior*. *53*(5), 764-775. https://doi.org/10/1111/sltb.12981

Drapeau, C., Nadorff, M.R., McCall, W., Titus, C., **Barclay, N.,** & Payne, A. (2019). Screening for Suicide Risk in Adult Sleep Patients. *Sleep Medicine Reviews*, *46*, 17-26. https://doi.org/10.1016/j.smrv.2019.03.009

OTHER PUBLISHED WORK

Dhruve, D.M., **Barclay, N.**, Pate. A., & Nadorff, M.R. (2023). *When the storm passes: Nurturing resilience and healing in children and teenagers affected by a tornado.* MSU Extension. https://extension.msstate.edu/publications/nurturing-resilience-andhealing-children-and-teens-affected-tornado

Pate, A., **Barclay, N.**, Dhruve, D.M., & Nadorff, M.R. (2023). *Coping with grief after a disaster*. MSU Extension. https://extension.msstate.edu/publications/coping-grief-after-disaster

Pate, A., **Barclay, N.**, Dhruve, D.M., & Nadorff, M.R. (2023). *Coping with stress after a tornado*. MSU Extension. https://extension.msstate.edu/publications/coping-stress-after-tornado

CONFERENCE PRESENTATIONS

Barclay, N., Oh, H., Sanches, M., & Patriquin, M. (April 2024). *Sex differences in mental illness factors for inpatient psychiatric treatment*. Poster presented at the 2024 Anxiety & Depression Association of America Conference, Boston, MA.

Kelley, K., **Barclay, N.**, Stafford, T., Nadorff, M.R., Stafford, E., & Lopez., A. (November 2022). *The Impact of COVID-19 on Rural Clinical Training: Adapting Telehealth Services and Supervisee Experiences Across Multiple Training Settings.* Panel discussion presented at the Association for Behavioral and Cognitive Therapies 56th Annual Convention, New York, NY.

Barclay, N., Kelley, K., & Stafford, T. (May 2022). *Training for ADHD Assessment via tele-health: Lessons learned.* Poster presented at the Association of Psychology Postdoctoral and Internship Centers Membership Conference, San Diego, CA.

Amadi, S., **Barclay, N.**, Nelson, R., Timmins, M., Durham, A., & Berman, M. (May 2019). *Gender moderates the relationship between frequency of marijuana use and aggression*. Poster presented at the 31st Annual Association for Psychological Science Convention, Washington, D.C.

Durham, A., **Barclay, N.**, Timmins, M., Amadi, S., Nelson, R., & Berman, M. (May 2019). *How religiosity predicts self-harm in a controlled laboratory environment*. Poster presented at the 31st Annual Association for Psychological Science Convention, Washington D.C.

Nelson, R., **Barclay, N.**, Amadi, S., Timmins, M., Durham, A., & Berman, M. (May 2019). *The relationship between church attendance, political identity, and marijuana use*. Poster presented at the 31st Annual Association for Psychological Science Convention, Washington D.C.

Barclay, N., Nelson, R., Amadi, S., Timmins, M., & Berman, M. (February 2019). *Linking past and present aggression: the roles of pain and gender*. Poster presented at the Society for Personality and Social Psychology Annual Convention, Portland, OR.

Berman, M., McCloskey, M., Fanning, J., **Barclay, N.**, & Nelson, R. (July 2018). *Pain and Aggression in Humans*. Paper presented at the 23rd World Meeting of the International Society for Research on Aggression, Paris, France.

Barclay, N., Nelson, R., Timmins, M., Amadi, S., & Berman, M. (May 2018). *Pain Tolerance as a Mediator between Life History of Aggression and Aggressive Behavior*. Poster presented at the 30th Annual Association for Psychological Science Convention, San Francisco, CA.

Nelson, R., **Barclay, N.**, Amadi, S., Timmins, M., & Berman, M. (May 2018). *The Relationship between Life History of Aggression, Gender, and Diurnal Variation in Testosterone*. Poster presented at the 30th Annual Association for Psychological Science Convention, San Francisco, CA.

Timmins, M., Amadi, S., **Barclay, N.**, Nelson, R., & Berman, M. (May 2018). *Gender Moderates the Relationship between Alcohol Intoxication and Deliberate Self-Harm*. Poster presented at the 30th Annual Association for Psychological Science Convention, San Francisco, CA.

Amadi, S., Timmins, M., Nelson, R., **Barclay, N.**, & Berman, M. (May 2018). *Past other-directed aggression and acute alcohol intoxication are independent predictors of deliberate self-harm*. Poster presented at the 30th Annual Association for Psychological Science Convention, San Francisco, CA.

Barclay, N., Titus, C., Battaglia, L., O'Brien, M., Drapeau, C., & Nadorff, M.R. (April 2017). *Insomnia, Nightmares, and Suicide Risk: A Longitudinal Analysis of the Relationship*. Poster presented at the 50th Annual Conference of the American Association of Suicidology, Phoenix, AZ.

Barclay, N., Runnels, L., Wigelsworth, S., Drapeau, C., & Nadorff, M.R. (April 2017). *A closer look at nightmares and suicide risk: Exploring impulsivity as a potential moderator*. Poster presented at the 50th Annual Conference of the American Association of Suicidology, Phoenix, AZ.